

28 - Greetings

Today's Episode: Greetings

Hi! How are you? How's it going? 'Sup?

Today's episode is all about GREETINGS and it's full of great questions & answers about how and why humans say "Hello!"

You and your kid(s) can listen on Apple Podcasts, Google Podcasts, or any other podcast player - and you can subscribe for free in the player so you never miss a single episode. Or listen right from our site if you don't use a podcast player.

Questions we answer include:

How did the word, "Hello" become the standard way we answer the phone?

Why do we shake hands?

Why do humans greet one another at all?

Grow Their Mind

How you choose to greet someone, says a lot about you. Someone who engages in a warm, friendly greeting is often seen as more instantly likable and trustworthy than someone offering a cold, timid greeting.

Activities

- Have your child reflect on the way they greet someone -- do they make eye contact? Offer a wave or handshake? What do they say? Encourage them to greet everyone they meet with friendliness, respect and confidence.

- Create your own special family greeting. This could be a secret phrase only family members will know; or it could be a fun, original handshake!

Additional Resources

Our Parent's Choice Award winning Netflix series [BRAINCHILD](#) has a great episode introducing elementary school kids to the positive and negative aspects of SOCIAL MEDIA. It's an excellent way to extend the conversation about how we communicate with each other respectfully, especially when it comes to online.

Kid News

[Our World in Data](#) released a study showing that - even pre-pandemic - kids spend more time with their parents now than at any time in the last 50 years. This is despite a rise in single-parenting & more women working outside the home. Using a resource like WHO SMARTED? can serve as a welcome respite from having to be "on" for your kids all day -- and now have the data to back you up!¹

¹ This activity guide is for the Who Smarted? podcast www.WhoSmarted.com

